Food Glorious Food

If you want to have strong legs,
Eat fish fingers or chicken legs.
If you want to get fit and exercise,
Eat lots of pasta, meat, and rice.

Make me a sandwich, please.
Put in some ham and cheese,
between two slices of bread
Add some butter. Don't forget!

If you want to lick your lips,
Eat burgers, sausages, chips.
For breakfast, lunch or dinner.
Good food will make you a winner.

http://www.theyellowpencil.com/lacomida.html